

CERTIFICATE IN NUTRITIONAL CONSULTANCY



Become a Registered and Insured Nutritional Consultant.



College
of Health & Fitness

This intensive and thorough course will give you everything you need to become a registered and Insured nutritional consultant. You'll be equipped with the most current information and able to help clients through a variety of dietary issues.

Get ready to have a massively positive impact in someone's life.

Across 8 modules you will learn not only about the Fundamentals of Nutrition but also Advanced Diet Protocols.

You will be able to personalise and develop a clients nutritional eating plan by giving them the most appropriate dietary modifications that will have positive outcomes for their health and well-being.

You will also develop Lifestyle Management skills that will allow you to assist your clients in this area.

The impact of supplementation on client results is also covered. This module gives you the knowledge you need to make informed decisions about what supplements you are able to recommend to your clients and which ones could be detrimental to their goals.

Nutritional Sports Programming is also covered in this course. In nutritional sports programming you will learn how to adjust the nutritional advice that you provide to enhance your client's performance.

Throughout the course a series of quizzes and short answer questions in each module which will help consolidate your knowledge and newly learned skills.

After completing your course, you'll be accredited allowing you to register and be insured as a Nutrition Consultant with IICT.

Once registered, the world is your oyster and you can practice as a nutrition consultant internationally.

Get started today!



INTERNATIONAL INSTITUTE FOR
COMPLEMENTARY THERAPISTS

APPLY ONLINE

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MODULES

Module 1 - The Nutrition Fundamentals Part One
Module 2 - The Nutrition Fundamentals Part Two
Module 3 - Advanced Diet Protocols Part One
Module 4 - Advanced Diet Protocols Part Two

Module 5 - Personalized Nutrition
Module 6 - Lifestyle Management
Module 7 - Supplementation
Module 8 – Nutritional Sports Programming

COURSE FEES

The following options are available for payment of course fees:

■ **Payment in full**

■ **Payment plan provided by Ezidebit**

Students on an agreed payment plan who require alterations to the original payment arrangements must submit a request in writing. Payment alterations incur a \$25.00 service fee.



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COURSE DURATION

This course can be completed at your own pace provided it's within 12 months. Because you'll study using an industry-leading online learning platform, you can decide how much time to spend per week and how many hours to allocate. We will mentor you remotely and provide help whenever you need it.

REFUND POLICY

Should The College of Health and Fitness be unable to provide all units to meet the student's course schedule, course fees paid on unavailable units will be refunded, and a Statement of Attainment will be issued for satisfactorily completed units. *A copy of the Full Policy is provided prior to enrollment.*