



Phone 0427228550

Organisation: AquaSparke

Industry: Fitness with special concentration on improving strength and mobility through deep water running

Contact Name & Position: Dianne Evans, Director

- A) Our business needs qualified instructors at both Cert III and IV levels to undertake individual and group instruction to provide approved deep water running sessions which focus on:
- a. Developing correct techniques for both water and land based running
 - b. Improving the fitness of participants
 - c. Strength sessions both pre and post medical procedures such as knee and hip replacements
 - d. AquaSparke would seek to offer additional classes were more qualified instructors available with, it is considered, there being benefits such there be additional places available for up to 3-4 participants for up to 3 to 4 training programs per year
- B) AquaSparke has worked with the College of Health and Fitness (COHF) for 8 years with 10 -15 people having gained qualifications over that period
- C) We would be able to provide additional work placements, subject to demand
- D) There would be 3 to 4 staff who would look to undertake Professional Development courses utilising COHF's training products
- E) The principal challenges are:
- a. The availability of appropriate qualified instructors
 - b. Limited availability of suitable infrastructure such as adequately heated deep water swimming pools

AquaSparke supports the application for Certificate 111 and 1V in Fitness Funding. They are a very valuable training organisation for the Fitness Industry.

Dianne Evans